

## UK ITF NATIONAL CHAMPIONSHIPS 2025

**Saturday 11<sup>th</sup> October 2025**

**Patterns / Sparring / Destruction / Special Technique**

Dear Instructors,

You and your students are invited to take part in The **UK ITF Autumn National Championships 2025**, to be held on 11<sup>th</sup> October 2025 at Hertfordshire Sports Village, Hatfield, AL10 9EU.

All entries are to be submitted electronically. Please visit [www.tkd.co.uk](http://www.tkd.co.uk), to enter your team. Login in with your user name and password and follow the online prompts. Closing date for entries will be the Friday 03<sup>rd</sup> October. Any entries received or amended between 04<sup>th</sup> October – 10<sup>th</sup> October will incur an additional surcharge of £10. Each competitor will receive a lanyard, please ensure all details are correct when submitting entries & include a photograph.

There will be **no coaches or Chaperones** at this competition. The Tournament / Umpire Committee will appoint Chaperones per ring to look after the welfare of the junior competitors. These Chaperones will make sure that the correct sparring equipment is worn, will answer any concerns that the junior competitor may have & will make sure that they are ready to compete when called.

Please note that spectators will not be allowed on the edge of the rings.

For convenience, you can print a paper based form to collect student details from your club. These should be uploaded along with the competitors photos and payment made at the earliest opportunity and no later than 03<sup>rd</sup> October.

**We Enclose:**

- ☐ Tournament itinerary
- ☐ Competitor entry is now Web Based ([www.tkd.co.uk](http://www.tkd.co.uk))
- ☐ Username and Password can be obtained from UK ITF HQ.

**Fees:**

Competitors = £40

Late Competitor Entry = £50


Category Change on the day = £10 surcharge

If there are any questions please contact UK ITF on 01895 459947

**Venue: Hertfordshire Sports Village, Hatfield, AL10 9EU.**

We hope that you and your students can support this event.

Yours in TaeKwon-Do



Master Trevor Nicholls  
UK ITF President

**Entry Fee**  
**£40.00** per competitor



Number: (UK ITF USE ONLY)

## EVENT REGISTRATION FORM

### Tournament itinerary

#### -Patterns-

Students will perform choice patterns in relation to their grade. Finals will consist of choice and designated pattern. Degree grades will perform a choice & designated from the semi-finals.

#### -Sparring-

Divisions are per ITF rules.

Full protective equipment **must** be worn. This includes:

- ☐ Head guards (Optional for Juniors / Adults / Seniors)
- ☐ Foot pads
- ☐ Gloves (Closed finger open palm)
- ☐ Gum Shields
- ☐ Groin Guards (Males Only)

Sparing rounds:

Kids Kickers = 1.30 minute rounds

2 x 1.30 minute final

Under 14's & Seniors = 1.30 minute rounds

2 x 1.30 minute final

All other divisions = 2 minute rounds

2 x 2 minute final

U14's, U18's, Adult & Senior Degree grades will do 2 x rounds from the semi finals.

#### -Destruction-

This event is for U18's (14-17yrs), Adult & Senior Division Only.

**All grades:** Standard ITF breaking rules.

#### -ITF Special Technique-

This event is for U18's (14-17yrs), Adult & Senior Division Only.

**All grades:** Standard ITF special technique rules.

#### -UK ITF Kids Flying Technique-

This event is for Kids Kickers Division Only.

**All grades:** Flying side kick technique landing on crash mats.

#### Division

Kids Kickers  
Under 14's  
Under 18's  
Adult  
Senior

#### Age Group

7 – 11 Years of Age.  
12 – 13 Years of Age.  
14 – 17 Years of Age.  
18 – 39 Years of Age.  
40 Years or Older

#### Events

Patterns / Sparring / Flying Technique  
Patterns / Sparring  
Patterns / Sparring / Power / Special Technique  
Patterns / Sparring / Power / Special Technique  
Patterns / Sparring / Power / Special Technique

**NB.**

**It may be necessary to amalgamate divisions without sufficient entrants, this will be done on the day.**

**Entry Fee**  
**£40.00** per competitor



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## EVENT REGISTRATION FORM

Degree competitors wishing to obtain ranking can enter in two divisions, i.e. Junior & Adult, but they will have to pay for two entries. They will be unable to swap divisions on the day. There will be no Generation X competitors at this competition.

**Entry Fee**  
**£40.00** per competitor



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## EVENT REGISTRATION FORM

### -Tournament Schedule-

#### SATURDAY 11<sup>th</sup> October 2024

8.30am - 9.00am	Competitor weigh in & Height check.
8:30 am	All officials & event staff for ring assignments.
9:30 am	Tournament to commence. Schedule TBC

### -Medal Presentation-

Medal will be presented on the individual rings after completion of each category or a podium if available.

### -Official Photographs-

This year we will have DE Photo onsite, order and collect your professional quality photo's on the day.

**Entry Fee**  
**£40.00** per competitor



Number: (UK ITF USE ONLY)

## EVENT REGISTRATION FORM

Title:	UK ITF Spring National Championships 2025		
Venue:	Hertfordshire Sports Village, Hatfield AL10 9EU		
Date:	Saturday 11 <sup>th</sup> October 2025	Entry Deadline:	03 <sup>rd</sup> October 2025
Where to send any correspondence	UK ITF, The Unit, Victoria Lane, Harlington, Middlesex, UB3 5EW Tel: 01895 459947 ♦ Email: <a href="mailto:tournaments@uk-itf.com">tournaments@uk-itf.com</a> ♦		

### STUDENT DETAILS

Division:	Kids Kicker (7 – 11yrs) Under 14's (12 – 13yrs) Under 18's (14 – 17yrs)		
<small>Please indicate division</small>	Adult (18 – 39yrs) Senior (+40yrs) <small>Age at the start of the competition</small>		
Grade:			
FORENAME	SURNAME	Male / Female	DOB (dd/mm/yy)

#### EVENTS ENTERED

SPARRING:	*Category:	
	Weight Kg / Height Cm	
Patterns:		
Special Tech:		
<small>Under 18's, Adult, Senior ONLY</small>		
Power:		
<small>Under 18's, Adult, Senior ONLY</small>		
Kids Flying Tech:		
<small>Kids Kickers ONLY</small>		
<small>*ITF Weight categories are used: Micro / Light / Welter / Middle / Heavy / Hyper If you are unsure please enter your weight (Kg) and height (Cm)</small>		

CLUB NAME:	
INSTRUCTOR:	
TEL NO.	
EMAIL:	
LICENCE NO.	
Special Requirements:	

#### COMPETITOR DECLARATION

- I accept that my group may be amended or cancelled if there are insufficient competitors in my category.
- I will wear approved ITF protection on my head, hands, feet & teeth also if male a groin guard. I will also wear a full white Dobok / Uniform to compete.
- I accept that late or incomplete entries may be rejected and that all applications are only accepted on the basis that the competition must be adequately funded. I agree there will be no refunds except if the event is cancelled.
- I am fully aware that participation in the event is entirely at my own risk and that I am responsible for arranging insurance for myself to provide suitable cover for any injuries or other problems that I may get as a result.
- I agree that I may be disqualified if any of the information on this form is found to be incorrect.
- I accept that UK ITF Fully complies with anti-doping regulations.
- In signing this form, all applicants have agreed they understand that event staff will be filming during the day which may be used for promotional purposes.

***I certify & confirm that I will accept all of the decisions of the Officials and that all of the above information is correct.***

COMPETITOR APPROVAL	DATE	INSTRUCTOR APPROVAL	DATE
Signature:		Signature:	
<small>(If under 18 Parent or Guardian to sign on behalf)</small>			

#### GUIDANCE FOR APPLICANTS

Committed to the promotion and advancement of the unadulterated Taekwon-Do of General Choi Hong Hi IXth Dan (Founder).

**Entry Fee**  
**£40.00** per competitor



Number: (UK ITF USE ONLY)

## EVENT REGISTRATION FORM

- Please ensure that all items are appropriately & accurately completed.
- Every competitor must have a current licence. Those without a valid licence / Insurance are not permitted to compete.
- Failure to comply with any requirement will result in permission either being withheld or withdrawn from you.

### Sparring Categories

	Micro	Light	Welter	Middle	Heavy	Hyper
<b>Senior Over 40 Years</b>						
Male	- 58Kg	- 64Kg	- 70Kg	- 76Kg	- 82Kg	82Kg +
Female	- 50Kg	- 55Kg	- 60Kg	- 65Kg	- 70Kg	70Kg +
<b>Adult 18 - 39 Years</b>						
Male	- 58Kg	- 64Kg	- 70Kg	- 76Kg	- 82Kg	82Kg +
Female	- 50Kg	- 55Kg	- 60Kg	- 65Kg	- 70Kg	70Kg +
<b>Under 18's (14 – 17yrs)</b>						
Male	- 50Kg	- 55Kg	- 60Kg	- 65Kg	- 70Kg	70Kg +
Female	- 45Kg	- 50Kg	- 55Kg	- 60Kg	- 65Kg	65Kg +
<b>Under 14's (12 – 13rs)</b>						
Male	- 40Kg	- 45Kg	- 50Kg	- 55Kg	- 60Kg	60Kg+
Female	- 35Kg	- 40Kg	- 45Kg	- 50Kg	- 55Kg	55Kg+
<b>Kids Kicker 7 - 11 Years</b>						
Male	- 110Cm	- 120Cm	- 130Cm	- 140Cm	- 150Cm	150Cm +
Female	- 110Cm	- 120Cm	- 130Cm	- 140Cm	- 150Cm	150Cm +

PLEASE NOTE: THE WEIGHTS ABOVE ARE CORRECT UP TO THE CURRENT INFORMATION AVAILABLE FROM THE ITF.

### APPLICATION CHECK LIST

1. Insurance Current and Correct
2. Instructors Approval
3. Parent / Guardian Approval
4. Form completed
5. Fee Attached
6. If sparring I have Red and Blue pads at my disposal
7. Have identified my Division / Category
8. Entered YES or NO for Patterns / Special / Kids Flying Technique/ Power
9. There are no medical reasons why I should not compete

Once the above list is complete you may hand in all items to your instructor. Any items missing or incorrect will result in the application being delayed and possibly declined. It is yours not the instructors to ensure that this is not the case. Queries should be directed towards your instructor, alternatively you can contact Head Office on 01895 459947.