



ATKDA Open Information Pack

Event Details:

Date: Sunday 29th June 2025

Venue: Cocks Moors Woods Leisure Centre, Alcester Rd S, Kings Heath, Birmingham, B14 6ER

Google Map: [Click Here](#)

TCUK Rule Book: [Click Here](#)

Schedule:

- **Doors Open:** 9:00 AM
 - **Officials Arrival:** 9:30 AM
 - **Colour Belts Arrival:** 9:45 AM
 - **Patterns Begin:** 10:00 AM
 - **Black Belts Arrival:** 12:00 PM (Midday)
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How to Get There:

By Train:

- Travel to **Birmingham New Street Station** (direct trains available from most UK cities).
- From the station, take **Bus 50, 35, or 76** to Kings Heath OR a **15-minute taxi ride**.

By Car:

- Use postcode **B14 6ER** in your **sat nav**.
- Accessible from **M5 (Junction 4)** and **M6 (Junction 6 – A38(M))**.
- **Free parking available on-site** (includes **9 disabled spaces**).

By Bus (from Birmingham City Centre):

- **Bus 50** (towards Druids Heath) – departs from **Moor Street Queensway**.
- **Bus 35** (towards Hawkesley) – departs from outside **New Street Station**.
- **Bus 76** (towards Solihull) – departs from **Moor Street Queensway**.
- **Journey time:** Approximately **20-30 minutes** from the city centre.

By Air (for international competitors):

- Arrive at **Birmingham Airport (BHX)**.
 - Take the **train from Birmingham International to New Street Station** (~10 minutes).
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Venue Facilities:

For full venue details and available facilities, visit: [Click Here](#)

DIVISIONS AT THIS COMPETITION

JUNIORS - Up to & including 17 years old (note patterns will be split to under 13's/13-17) ADULTS - 18 years & over

CLOSING DATE FOR ENTRIES: Friday 27th June 2025

Students Guide to Entering ATKDA Competitions

BEFORE ENTERING: - Please make sure that:

- You have a current Taekwondo Licence (eCard) with TCUK or any other Taekwondo organisation or National Governing Body.
- You are training regularly and understand what is expected of you.
- You are wearing a Taekwondo Suit (dobok) and belt (no t-shirts) which is approved/awarded by your coach or instructor.
- You have a full set of correctly fitting sparring equipment which meets the criteria set out in the TCUK Rules for competition i.e. boots, shin guards, groin guards (for men and boys) gloves (with enclosed fingers and tethered thumb), head guard and gum shield – all with no rips or tears.
- You have transport to the venue, and you arrive on time.
- All junior (aged under 18) competitors must be accompanied by a responsible adult.

Note: All sparring competitors may wear forearm protectors in addition to their regulation sparring equipment.

All competitors make sure you are the correct grade as stated on your entry form. If you have been promoted since entering, you must compete as your previous grade shown on entry form.

HOW TO ENTER

All competitors (juniors or adults) can enter online (using card payment) via the following link:

<https://ma.blackculm.com/comp/ba436c18308/atkda-uk-open-2025/>

Instructors wishing to do block entry, please use the block entry form which can be obtained by emailing events@tkdngb.co.uk Payment can then be made using BACS using the details on the block entry form.

PRICE: £30.00 Early Bird/ £35

ENTRY FEES ARE NON-REFUNDABLE.

This includes entry into: Individual patterns and sparring. There is no speed kick/destruction. There may be Team patterns (£5 a person) depending on time. These will enter on the day. Run under TCUK Rules.

Fees to be paid in advance with entry, no entries will be accepted on the day.

Spectators: FREE

PLEASE NOTE - Registrations that require a VISA application will not be accepted. We will not comply with such. If you still insist on registering while you need a VISA and you make payments, these payments will not be refunded, and this will be at your own risk.

JUNIORS (12 and under): Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you may be disqualified from that division.

CADETS (13 - 17): Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you may be disqualified from that division.

ADULTS (18 years +): Make sure that you are the correct weight for the division you want to compete in. You may be weighed in on the day, and if you are not within your entered weight division you may be disqualified from that division.

ALL COMPETITORS: Upon entry to the venue, you will be given a wristband. This must be visible to enable entry onto the competition floor. Juniors will be height tested upon entry – please be ready to remove your shoes!

SPECTATORS: Are NOT PERMITTED onto the competition floor.

OFFICIALS: Those wishing to officiate: All officials must have a TCUK recognised qualification.

- Ring Assistant must be Blue Belt age 14+ or Red Belt age 12+, Umpires must be black belt and 14 years +, Referees must be black belts and 18+.
- YOU MUST ARRIVE BY 9.30 A.M. OTHERWISE YOU WILL BE ASKED TO PAY TO ENTER.
- Please register at the officials' desk upon entry, to gain your officials wristband.
- Please wear dark trousers or skirt with a white or blue shirt. Ties and Blazers are optional.
- Lunch will be provided.

COACHES: Clubs sending multiple students will be allocated one coach pass per five students entered. If you have less than 5 students entered, you will need to pay £5 fee to enter. Coaches must register at the door to obtain your coaches wristband – this will allow you entry onto the competition floor. Instructors: please consider officiating – the more officials, the smoother the competition will run!

PHOTOGRAPHY

There may be an official photographers present on the day. Spectators are not allowed onto the competition floor to take photographs.

ON THE DAY OF THE COMPETITION

NO SPECTATORS ARE ALLOWED AROUND THE COMPETITION AREAS – THEY MUST REMAIN BEHIND THE BARRIER, OR THEY MAY BE ASKED TO LEAVE THE HALL.

NO VIDEO/CAMERAS PERMITTED ANYWHERE ON THE COMPETITION AREA (OTHER THAN OFFICIAL REGISTERED PHOTOGRAPHERS).

- The competition will start with the pattern's events, starting with the juniors.
- Each competition area will be allocated with an area number that will be indicated by the number on the tablecloth.
- Listen out for an announcement for the start of your division on an allocated area.
- All juniors will be height tested upon entry into the hall.
- You must make sure that you are in the right competition area at the right time; if you are unsure, then you must ask your instructor or an official.

Any spectator or competitor with queries regarding entries, divisions, expected division start times etc. should be directed to one of the floor security officers who will be stationed by the barriers to the competition floor. They will then liaise with the top table to answer your query. Alternatively, you can approach any official who is not currently helping judge a competition, and they will attempt to answer your query (again liaising with the top table).

Patterns

All competitors may only perform a pattern of their grade (not above).

Combined Hip Twist and Sine Wave Divisions. Patterns will be judged using the Pyramid Method.

JUNIORS - Up to & including 12 years old. Divisions are White, Yellow, Green, Blue, Red, Black Belts all Dan grades together. Males and females in combined divisions.

CADETS – 13 – 17 years old. Divisions are White, Yellow Green, Blue, Red, Black Belts all Dan grades together. Males and females in combined divisions.

ADULTS – 18+ (no executive divisions) Divisions are White, Yellow, Green, Blue, Red, 1st Degree, 2nd and 3rd Degree, 4th Degree +. Males and females in combined divisions.

PATTERN CHOICES

WHITE	10 th , 9th kup	Sajo Jirugi, Chon Ji
YELLOW	8th, 7th kup	Chon Ji, Dan Gun, Do San
GREEN	6th, 5 th kup	Do San, Won Hyo, Yul Gok
BLUE	4th, 3rd kup	Yul Gok, Joong Gun, Toi Gye
RED	2nd, 1st kup	Toi Gye, Hwa Rang, Choong Moo
BLACK 1	1st Dan	Choong Moo, Kwang-Gae, Po-Eun, Ge-Back
BLACK 2+3	2nd, 3rd Dan	Kwang-Gae, Po-Eun, GeBack, Ko-Dang, Juche, Choong Jang, Eui-Am, Sam-il, Yoo-Sin, Choi Young
BLACK 4+	4th Dan +	Sam-il, Yoo-Sin, Choi Young, Tong-Il, Ul-Ji, Se-Jong, Yon Ge, Moon Mo, So San

MEDALS AWARDED: 1 x Gold, 1 x Silver, 1 x Bronze.

Sparring

JUNIORS - Up to & including 12 years old.

CADETS – 13 – 17 years old.

N.B.: Juniors will be height tested on the day to ensure entry is correct and placed into the correct division, if an amendment is required, this may be chargeable (£5 per amendment donated to Marie Curie)

Boys and girls separate (with possible exceptions, see below).

White/Yellow/Green belts together – Point Stop - 1.30-minute rounds

Blue/Red belts together – Continuous - 1.30-minute rounds

Black belts, All Dan grades together. – Continuous - 2-minute rounds (final 2 x 2 minute)

PEE WEEUp to and including 135cm (may mix sexes)

LIGHTWEIGHTOver 135 and including 155cm.

MIDDLEWEIGHTOver 155cm and including 175cm

HEAVYWEIGHTOver 175cm

Please note that weight divisions may be merged if there are too few entries.

Men (18+)

White/Yellow/Green belts together – Point Stop - 1.30-minute rounds

Blue/Red belts together – Continuous - 1.30-minute rounds

Black belts, All Dan grades together. – Continuous - 2-minute rounds (final 2 x 2 minute)

LIGHTWEIGHTUp to & incl. 70kg

MIDDLEWEIGHTOver 70kg up to & incl. 90kg

HEAVYWEIGHTOver 90kg

Ladies (18+)

White/Yellow/Green belts together – Point Stop - 1.30-minute rounds

Blue/Red belts together – Continuous - 1.30-minute rounds

Black belts, All Dan grades together. – Continuous - 2-minute rounds (final 2 x 2 minute)

LIGHTWEIGHTUp to & incl. 65kg

MIDDLEWEIGHTOver 65kg up to & incl. 75kg

HEAVYWEIGHTOver 75g

MEDALS AWARDED: 1 x Gold, 1 x Silver, 1 x Bronze.